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## **CURRICULUM VITAE**

## **HEATHER A. YARGER**

Licensed Clinical Psychologist in State of Maryland (License #: 06326)

PEERS® for Young Adults Certified Provider

University of Maryland

3123A Biology-Psychology Building

College Park, MD 20742

Email: hyarger@umd.edu

## **CURRENT POSITION (2021 – Present)**

Assistant Research Professor Department of Psychology, Neuroscience and Cognitive Science Member University of Maryland (UMD), College Park, MD

## **EDUCATION**

2018 – 2021 University of Maryland, College Park, MD

Developmental Social Cognitive Neuroscience Lab

Postdoctoral Associate

2012 – 2018 University of Delaware, Newark, DE

Ph.D., Clinical Psychology (August 2018)

M.A., Psychology (May 2015) APA and PCSAS Accredited

2017 – 2018 Kennedy Krieger Institute/Johns Hopkins University School of Medicine

Behavioral Psychology Department, Baltimore, MD APA Accredited Pre-doctoral Clinical Internship

2005 – 2009 The Pennsylvania State University, University Park, PA

B.S., Psychology

Minor, Human Development and Family Studies

#### **AWARDS AND SCHOLARSHIPS**

2022 Philip Merrill Presidential Scholars Faculty Mentor Award (Mentee: Kuburat Oladiran)

2019 University of Maryland Postdoctoral Conference Support Award
 2017, 2013 University of Delaware Professional Development Award
 2017, 2015 University of Delaware Dr. Evelyn M. Fiorito Travel Award

Summer 2016 University of Delaware Teaching Assistant Fellow

2015 – 2016 University of Delaware Teaching Fellow

2011 International Society for Autism Research Student Travel Award

2008/2009 Tracy Winfree McCourtney Scholarship

2008 Summer International Abroad Grant-in-Aid Scholarship

2007/2008 Catherine Shultz Rein Trustee Scholarship 2007 – 2009 Pennsylvania State University Dean's List

## **FUNDED GRANTS**

Principal Investigator NIMH/NIH: 1K08MH133879-01A1

4/24 – 3/28 Assessing Anxiety in Adolescents with Autism Spectrum Disorder: The Role of

\$779,721 Autonomic Activity as a Biomarker

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Principal Investigator

or UMD Brain and Behavior Institute Seed Grant

1/22 – 12/22 \$71,695.10 Respiratory sinus arrhythmia as a biomarker of anxiety in adolescents with autism spectrum disorder.

Principal Investigator 07/21 – 06/23 \$2,500

**UMD Broadening Participation through diverse sampling** 

Co-Investigator 07/21 – 06/23 \$30,000 **UMD Broadening Participation through community engaged research** 

#### PEER-REVIEWED PUBLICATIONS

Note: Name change occurred in June 2013 from Heather A. Close to Heather A. Yarger.

## Published Manuscripts:

- 1. **Yarger, H.A.**, Sarkar, M., Harrington, E., & Redcay, E. (in press). Autonomic activity in individuals with autism and anxiety symptoms: a systematic review and meta-analysis. *Review Journal of Autism and Developmental Disabilities*.
- McNaughton, K.A., Moss, A., Yarger, H.A., & Redcay, E. (2024). Smiling synchronization predicts interaction enjoyment in peer dyads of autistic and neurotypical youth. *Autism.* https://journals.sagepub.com/doi/10.1177/13623613241238269
- 3. **Yarger, H.A.**, Shariq, D., Hickey, A., Giacobbe, E., Dziura, S., & Redcay, E. (2023). Examining adolescents' mental health before and during the COVID-19 pandemic. *Merrill-Palmer Quarterly*. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10720734/
- 4. Dziura, S. L., McNaughton, K. A., Giacobbe, E., **Yarger, H. A.**, Hickey, A. C., Shariq, D., & Redcay, E. (2023). Neural sensitivity to social reward predicts links between social behavior and loneliness in youth during the COVID-19 pandemic. *Developmental Psychobiology*, 65, e22413. https://doi.org/10.1002/dev.22413
- McNaughton, K.A., Kirby, L.A., Warnell, K.R., Alkire, D., Merchant, J.S., Moraczewski, D., Yarger, H.A., Thurm, A., & Redcay, E. (2023). Neural sensitivity to social-interactive reward predicts future enjoyment of peer interaction in autism and typical development. *Developmental Cognitive Neuroscience*. https://doi.org/10.1016/j.dcn.2023.101197
- Alkire, D., McNaughton, K.A., Yarger, H.A., Shariq, D., & Redcay, E. (2022). Theory of mind in naturalistic conversations between autistic and typically developing children and adolescents. *Autism: the international journal of research and practice*, 13623613221103699. Advance online publication. https://doi.org/10.1177/13623613221103699
- 7. **Yarger, H. A.** (2022). Anxiety–Amygdala Associations: Novel Insights from the First Longitudinal Study of Autistic Youth with Distinct Anxiety. *Biological Psychiatry*, 91(11), e41-e43. https://doi.org/https://doi.org/10.1016/j.biopsych.2022.03.016
- 8. Lyons-Ruth, K. & **Yarger**, **H.A.** (2022). Developmental Costs Associated with Early Maternal Withdrawal. *Child Development Perspectives*, 16, 10 17. https://doi.org/10.1111/cdep.12442
- 9. **Yarger, H.A.,** Nordahl, C.W., & Redcay, E. (2022). Associations between amygdala volumes and anxiety symptoms in children with autism spectrum disorder. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*. https://doi.org/10.1016/j.bpsc.2021.10.010

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 Yarger, H.A., Lind, T., Raby, L., Zajac, L., Wallin, A., & Dozier, M. (2021). Intervening with Attachment and Biobehavioral Catch-up to reduce behavior problems among children adopted internationally: Evidence from a randomized controlled trial. *Child Maltreatment*. doi:10.1177/10775595211010975

- Yarger, H.A. & Redcay, E. (2020). A conceptual model of risk and protective factors associated with internalizing symptoms in autism spectrum disorder: A scoping review, synthesis, and call for more research. *Development and Psychopathology*, 32(4) 1254-1272. doi:10.1017/S095457942000084X
- Lind, T., Raby, K.L., Goldstein, A., Bernard, K., Caron, E., Yarger, H.A., Wallin, A., & Dozier, M. (2020). Improving social-emotional competence in internationally adopted children with the Attachment and Biobehavioral Catch-up intervention. *Development and Psychopathology*. doi: 10.1017/S0954579420000255
- Pumariega, A.J., Good, K., Posner, K., Millsaps, U., Romig, B., Stavarski, D., Rice, R., Gehret, M., Riley, k., Wasser, T., Walsh, G., & Yarger, H.A. (2020). Systematic Suicide Screening in a General Hospital Setting: Process and Initial Results. World Journal of Social Psychiatry. doi: 10.4103/WSP.WSP\_26\_19
- Hoye, J., Cheishvili, D., Yarger, H.A., Roth, T., Szyf, M., & Dozier, M. (2019). Preliminary indications that the Attachment and Biobehavioral Catch-up Intervention alters DNA methylation in maltreated children. *Development and Psychopathology*, 1-9. doi:10.1017/S0954579419001421
- 15. **Yarger H.A.**, Bronfman, E., Carlson, E., Dozier, M. (2019). Intervening with Attachment and Biobehavioral Catch-up to decrease disrupted parenting behavior and attachment disorganization: The role of parental withdrawal. *Development and Psychopathology*, 1–10. doi:10.1017/S0954579419000786
- 16. **Yarger, H.A.**, Bernard, K., Caron, E., Wallin, A., & Dozier, M. (2019). Enhancing parenting quality for young children adopted internationally: Results of a randomized controlled trial. *Journal of Clinical Child & Adolescent Psychology*, 1 13. doi:10.1080/15374416.2018.1547972
- 17. Lind, T., Bernard, K., **Yarger, H.A.**, & Dozier, M. (2019). Promoting compliance in children referred to child protective services: A randomized clinical trial. *Child Development*, 1 14. doi:10.1111/cdev.13207
- 18. Raby, K. L., Freedman, E., **Yarger, H.A.**, Lind, T., & Dozier, M. (2018). Enhancing the language development of toddlers in foster care by promoting parents' sensitivity: results from a randomized controlled trial. *Developmental Science*, 22(2), 1 9. doi:10.1111/desc.12753
- 19. Caron, E., Roben, C.K.P., **Yarger, H.A.**, & Dozier, M. (2018). Novel methods for screening clinicians: Contributions from the Attachment and Biobehavioral Catch-up intervention. *Prevention Science*, *19*(7), 894-903. doi:10.1007/s11121-018-0894-5
- 20. Raby, K.L., **Yarger, H.A.**, Lind, T., Fraley, R. C., Leerkes, E., & Dozier, M. (2017). Attachment states of mind among internationally adoptive and foster parents. *Development and Psychopathology*, *29*(2), 365-378. doi:10.1017/S0954579417000049
- 21. **Yarger**, **H.A.**, Hoye, J.R., & Dozier, M. (2016). Trajectories of change in attachment and biobehavioral catch-up among high-risk mothers: A randomized clinical trial. *Infant Mental Health Journal*, *37*(5), 525-536. doi:10.1002/imhj.21585

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22. Grassetti, S.N., Herres, J., Williamson, A.A., **Yarger, H.A.**, Layne, C.M., & Kobak. R. (2014). Narrative focus moderates symptoms change trajectories in group treatment for traumatized and bereaved adolescents. *Journal of Clinical Child & Adolescent Psychology*, *44*(6), 933-941. doi:10.1080/15374416.2014.913249

- 23. Stacy, M. E., Zablotsky, B., **Yarger, H.A.**, Zimmerman, A., Makia, B., & Lee, L. C. (2013). Sex differences in co-occurring conditions of children with autism spectrum disorders. *Autism*, *18*(8), 965-974. doi:10.1177/1362361313505719
- 24. **Close, H.A.**, Lee, L.-C., Kaufmann, C. N., & Zimmerman, A. W. (2012). Co-occurring conditions and change in diagnosis in autism spectrum disorders. *Pediatrics*, *129*(2), 305-16. doi:10.1542/peds.2011-1717

## **Book Chapters:**

1. Kobak, R., Grassetti, S. & **Close, H.** (2013). Attachment Based Treatments for Adolescents: Repairing Attachment Injuries and Empathic Failures. In K. H. Brisch (Ed.), *Attachment and Adolescence* (93-111). Stuttgarg/Germany: Klett-Cotta Verlag.

# **Unpublished Manuals:**

1. Bronfman, E. & **Yarger**, **H.A.** (2020). Addendum to the Atypical Maternal Behavior Instrument for Assessment and Classification (AMBIANCE): Infant Coding Considerations.

## Manuscripts under Review or Revise & Resubmit:

 Xie, H., Moraczewski, D., McNaughton, K., Warnell, K., Alkire, D., Merchant, J., Kirby, L.A., Yarger, H.A., & Redcay, E. (under review). Live social interaction induces hyperconnectivity between mentalizing and reward networks in autistic youth. Pre-print: https://www.biorxiv.org/content/10.1101/2023.06.05.543807v1

## Manuscripts in Preparation:

- 1. **Yarger, H.A.,** Khoury, J., & Lyons-Ruth, K. (in preparation). *Predictors of maternal disrupted interaction across the first year of life.*
- 2. **Yarger, H.A.**, Straske, D., Fitter, M., Cassidy, J., & Redcay, E. (in preparation). *Relations among parents' attachment representations, parenting quality, and autistic and non-autistic children's social-emotional functioning*. Pre-registration: <a href="https://osf.io/7kaqz">https://osf.io/7kaqz</a>
- 3. **Yarger, H.A.**, Mushell, P., Dunbar, A., & Redcay, E. (in preparation). *Heart rate variability and anxiety symptoms in autistic and nonautistic youth: pilot data and feasibility of heart rate monitoring and ecological momentary assessment during real world interactions.*
- 4. **Yarger, H.A.**, Munshell, P., Gyimah, D., Shenge, V.A., & Redcay, R. (in preparation). *Evaluating informant discrepancies in anxiety symptoms as predictors of amygdala volumes using a latent profile analysis approach.*
- McNaughton, K., Dziura, S., Yarger, H.A., & Redcay, E. (in preparation). Neural similarity and interaction success in autistic and non-autistic adolescents. Embargoed pre-registration: https://osf.io/g6mv4
- 6. Munshell, P., Lemay, E., **Yarger, H.A.**, & Redcay, E. (in preparation). *Relations among puberty, emotions, and peer interactions: an ecological momentary assessment study.*

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## PEER-REVIEWED PRESENTATIONS

## Chaired Symposia:

1. **Yarger, H.A.** (2019, March). *Correlates, Mediators, and Consequences of Disrupted Parenting Behavior within Atypical Populations*. Symposium presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.

#### Panel Presentations:

- 1. Yarger, H.A., Valadez, E., & Pinello, J.F. (2024, March). *NIH Career Development (K) Awards: Faculty Recipient Panel*. Panel presented at the University of Maryland via the Research Development Office.
- 2. McNaughton, K.A., Alkire, D., Kirby, L.A., Warnell, K.R., **Yarger, H.A.**, Moraczewski, D., & Redcay, E. (2020). *Neural Correlates of Social Interaction Enjoyment in Children with Typical Development and Autism Spectrum Disorder*. Panel presented to the 2020 International Society for Autism Research Annual Meeting, Seattle, Washington.

#### Oral Presentations:

- 1. Yarger, H.A. (2023, May). Respiratory sinus arrythmia as a biomarker of anxiety in adolescents with autism spectrum disorder. Oral presentation to the 2023 Brain and Behavior Institute Seed Grant Symposium & Kavli Distinguished Seminar.
- 2. Yarger, H.A., Lind, T., Raby, K.L., Zajac, L., & Dozier, M. (2021, April). *Intervening with Attachment and Biobehavioral Catch-up to Reduce Behavior Problems Among Children Adopted Internationally: Evidence from a Randomized Controlled Trial.* Paper presented to the 2021 Society for Research in Child Development Biennial Meeting.
- 3. Speck, B., Raby, K.L., **Yarger, H.A.**, & Dozier, M. (2021, April). *Examining the Intergenerational Transmission of Attachment Security Among Foster Care, Low-Risk, and CPS Involved Families*. Flash talk presented to the 2021 Society for Research in Child Development Biennial Meeting.
- 4. **Yarger, H.A.** & Dozier, M. *Investigating Longitudinal Pathways to Dysregulation: The Role of Disrupted Parenting Behavior.* Paper presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Yarger, H.A., Lind, T., Raby, L., & Dozier, M. (2017, April). Indiscriminately friendly behavior mediates the association between pre-adoptive risk and later disruptive behavior. Paper presented at the Society for Research in Child Development conference, Austin, TX.
- 6. **Close, H.**, Lee, L. C., and Kaufmann, C. N. (2011, Nov.). *ASD co-occurring conditions and change of ASD diagnosis*. Paper presented at the annual meeting of the American Public Health Association, Washington, D.C.
- 7. Mensinger, J., **Close, H.**, and Ku, J. (2009, Nov.). *Intuitive eating: A novel health promotion strategy for obese women.* Paper presented at the annual meeting of the American Public Health Association, Philadelphia, PA.

#### Poster Presentations:

1. McNaughton, K.A., Dziura, S., Merchant, J., **Yarger, H.A.**, & Redcay, E. (2024, April). *Relations between loneliness and neural idiosyncrasy in autistic and neurotypical youth.* Poster accepted to the 2024 Social & Affective Neuroscience Society conference.

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2. Reckner, E., Vallorani, A., Alkire, D., **Yarger, H. A.**, & Redcay, E. (2024, May). *Characterizing Executive Function and Theory of Mind Associations with Social Experience Outcomes in Autistic Youth.* Poster accepted to the International Society for Autism Research 2024 Annual Meeting.

- 3. Yarger, H.A., Munshell, P., Gyimah, D., Shenge, V.A., & Redcay, E. (2023, Sept.). Evaluating informant discrepancies in anxiety symptoms as predictors of amygdala volumes using a latent profile analysis approach: a pre-registered study. Pre-registered poster presented to the 2023 annual Flux Congress conference.
- 4. McNaughton, K., Moss, A., **Yarger, H.A.**, Shenge, V.A., & Redcay, E. (2023, May). *Smiling synchrony differences in peer dyads of autistic and neurotypical youth.* Poster presented to the 2023 International Society for Autism Research conference, Stockholm, Sweden.
- 5. **Yarger, H.A.**, Munshell, P., Condy, E., Oladiran, O., Dunbar, A.S., & Redcay, E. (2023, March). *Associations between Adolescents' Heart Rate Variability and Anxiety using Ecological Momentary Assessment*. Poster presented to the 2023 Society for Research in Child Development Biennial Meeting.
- 6. Katz, D., Schulman, E., **Yarger, H.A.**, & Dozier, M. (2023, March). *Associations between parental childhood trauma, atypical parenting behaviors, and children's emotional lability.* Poster presented to the 2023 Society for Research in Child Development Biennial Meeting.
- 7. Munshell, P., Lemay, E., **Yarger, H.A.**, & Redcay, E. (2023, March). *Relations among puberty, emotions, and peer interactions: an EMA study.* Poster presented to the 2023 Society for Research in Child Development Biennial Meeting.
- 8. Dziura, S.L., McNaughton, K., Giacobbe, E., Hickey, A. C., **Yarger, H.A.**, Shariq, D., & Redcay, E. (2022). *Neural sensitivity to social reward predicts social behavior and satisfaction in adolescents during the COVID-19 pandemic.* Poster presented to the 2022 Social and Affective Neuroscience Society, Virtual Conference.
- 9. Giacobbe, E., Alkire, D., **Yarger, H.A.**, & Redcay, E. (2022). The relation between social anxiety and meta-perception during peer interaction in children with and without autism spectrum disorder. Poster presented to the 2022 International Society for Autism Research Annual Meeting.
- Munshell, P., Alkire, D., Yarger, H.A., & Redcay, E. (2022). Links between perceived dissimilarity, loneliness, and internalizing sympoms in autistic children and adolescents. Poster presented to the 2022 International Society for Autism Research Annual Meeting.
- 11. **Yarger, H.A.**, Nordahl, C.W., & Redcay, E. (2021, Sept.). *Associations between amygdala structure and anxiety symptoms in children with and without autism spectrum disorder*. Poster presented at the 2021 annual Flux Congress conference.
- 12. Alkire, D., Merchant, J., McNaughton, K., **Yarger, H.A.**, & Redcay, E. (2021, Sept.). *Conversational theory of mind and social brain function in autistic and typically developing children and adolescents.* Poster presented to the 2021 annual Flux Congress conference.
- 13. Giacobbe, E., McNaughton, K., **Yarger, H.A.**, & Redcay, E. (2021, Sept.). *Perceived social interaction quality as a mediator between social anxiety and ventral striatum activation to social reward in children with autism spectrum disorder.* Poster presented to the 2021 annual Flux Congress conference.
- 14. **Yarger, H.A.**, Lind, T., Raby, K.L., Zajac, L., & Dozier, M. (2020). *Intervening with Attachment and Biobehavioral Catch-up to Reduce Behavior Problems Among Children Adopted Internationally: Evidence from a Randomized Controlled Trial*. Poster accepted, but not

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- presented due to Covid-19, to the 2020 Society for Prevention Research Annual Meeting, Washington, D.C.
- Alkire, D., McNaughton, K.A., Yarger, H.A., & Redcay, E. (2020). The role of reciprocity in interaction success in naturalistic conversations of autistic and neurotypical peers. Poster accepted to the 2020 International Society for Autism Research Annual Meeting, Seattle, Washington.
- 16. **Yarger, H.A.**, Kirby, L.A., Moraczewski, D., Warnell, K.R., McNaughton, K., Cechaviciute, A., Alkire, D., & Redcay, E. (2019). *Decreased ventral striatum activation during receipt of social response in children with ASD and co-occurring social anxiety symptoms*. Poster presented at the 2019 International Society for Autism Research Annual Meeting, Montreal, Canada.
- 17. McNaughton, K., Moraczewski, D., Kirby, L.A., **Yarger, H.A.**, Warnell, K.R., Cechaviciute, A., & Redcay, E. (2019). *Relationships between self-reported social reward and neural response to peer interaction in children with autism spectrum disorder and typical development.* Poster presented at the 2019 International Society for Autism Research Annual Meeting, Montreal, Canada.
- 18. **Yarger**, **H.A.** & Dozier, M. (2018, May). *Decreasing parental withdrawal within a high-risk sample*. Poster presented at the 2018 Society for Prevention Research Annual Meeting, Washington, D.C.
- Blake, F., Schein, S., Roben, C., Yarger, H.A., & Dozier, M. (2018, May). Cognitive characteristics of clinicians influence fidelity in implementing the Attachment and Biobehavioral intervention. Poster presented at the 2018 Society for Prevention Research Annual Meeting, Washington, D.C.
- 20. Goldstein, A., **Yarger, H.A.**, Lind, T., & Dozier, M. (2017, April). *Parental attachment state of mind influences child regulatory behaviors in a high-risk sample.* Poster presented at the Society for Research in Child Development conference, Austin, TX.
- 21. **Yarger, H.A.**, Meade, E.B., Bernard, K., & Dozier, M. (2015, March). *Enhancing sensitivity and positive regard among parents of children adopted internationally: Long-term effects from a randomized clinical trial*. Poster presented at the Society for Research in Child Development conference, Philadelphia, PA.
- 22. Grassetti, S.N, Herres, J., Williamson, A.A., **Close, H.**, & Kobak, R. (2013, Nov.). *Understanding change in trauma and grief component therapy: What changes? When? For whom?* Poster presented at the International Society for Traumatic Stress Studies 29<sup>th</sup> Annual Meeting, Philadelphia, Pennsylvania.
- 23. Williamson, A.A., Grassetti, S.N, Herres, J., **Close, H.**, & Kobak, R. (2013, Nov.). *Effects of gender and group composition on the treatment of adolescent Trauma.* Poster presented at the International Society for Traumatic Stress Studies 29<sup>th</sup> Annual Meeting, Philadelphia, Pennsylvania.
- 24. **Close, H.**, Grassetti, S., Williamson, A., Herres, J., and Kobak, R. (2013, April). *Mutual sharing of trauma and loss narratives increases perceptions of peers' trustworthiness*. Poster presented at the Society for Research in Child Development conference, Seattle, Washington.
- 25. Grassetti, S., Close, H., Williamson, A., Herres, J., and Kobak, R. (2013, April). A preliminary step in understanding adolescent grief domains: an exploratory factor analysis of a grief screening measure. Poster presented at the Society for Research in Child Development conference, Seattle, Washington.

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26. Stacy, M., Zablotsky, B., **Close, H.**, Makia, B., Zimmerman, A., and Lee, L. C (2012, May). Sex differences in co-occurring conditions of ASD. Poster presented at the annual meeting of the International Society for Autism Research, Toronto, Ontario.

- 27. **Close, H.**, Lee, L. C., and Kaufmann, C. N. (2011, May). *ASD co-occurring conditions and change of ASD diagnosis*. Poster presented at the annual meeting of the International Society for Autism Research, San Diego, CA.
- 28. Pumariega, A. J., Millsaps, U., Posner, K., Stavarski, D., Romig, B., Rice, R., Close, H., and Castellucci, M. J. (2011, April). *C-SSRS: Evidence-based method for hospital-based suicide screening*. Poster presented at Cooper University Hospital faculty poster week, Camden, NJ.
- 29. Stavarski, D. H., Millsaps, U., Pumariega, A. J., Posner, K., Romig, B., Rice, R., **Close, H.**, and Castellucci, M. J. (2011, March). *Suicide screening in a general hospital setting: initial results*. Poster presented at the annual meeting of the Eastern Nursing Research Society, Philadelphia, PA.
- 30. Mensinger, J., **Close, H.**, Marks, E., and Ku, J. (2009, Sept.). *Appetitive hyper-responsiveness and intuitive eating: New constructs for understanding disordered eating behavior and the treatment of obesity.* Poster presented at the annual meeting of the Eating Disorders Research Society, New York City, NY.

## **CASE PRESENTATIONS**

- 1. **Yarger**, **H.A.** (2017, Nov.). *The use of dialectal behavior therapy within a transdiagnostic framework*. Clinical presentation at the Child and Family Therapy supervision meeting.
- 2. **Yarger, H.A.** (2014, April). *Exposure and response prevention in treatment resistant obsessive-compulsive disorder and comorbid depression*. Clinical presentation at the University of Delaware Case Conference, Newark, Delaware.
- 3. Close, H., Lind, T., and Sacco, G. (2013, April). *Non-standard assessment cases: Using evidence-based assessment strategies*. Clinical presentation at the University of Delaware Case Conference, Newark, Delaware.

## **MENTORED UNDERGRADUATE POSTERS & PRESENTATIONS**

- \*Indicates mentored undergraduate or post-bacc student
  - 1. McDowell, J.\*, Redcay, E., & **Yarger, H.A.** (Nov., 2023). *Associations between Emotion Regulation Coping strategies and Heart Rate Variability in Autistic Versus Nonautistic Adolescents.* Oral presentation accepted to the 2023 Annual Biomedical Research Conference for Minoritized Scientists.
  - 2. McDowell, J.\*, Redcay, E., & **Yarger, H.A.** (July, 2023). *Associations between Emotion Regulation Coping strategies and Heart Rate Variability in Autistic Versus Nonautistic Adolescents*. Poster and 1-minute blitz presented to the 2023 University of Maryland Summer Research Initiative Culminating Event.
  - 3. Sarkar, M.\*, **Yarger**, **H.A.**, Harrington, E., & Redcay, R. (April, 2023). *Autonomic activity in youth with anxiety and autism: a systematic review and meta-analysis*. Poster presented to the 2023 UMD Neuroscience Research Fair.

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4. Sarkar, M.\*, **Yarger, H.A.**, Harrington, E., & Redcay, R. (April, 2023). *Autonomic activity in youth with anxiety and autism: a systematic review and meta-analysis*. Poster presented to the 2023 UMD Undergraduate Research Fair.

- 5. Oladiran, O.\*, **Yarger**, **H.A.**, & Redcay, E. (April, 2023). *The effect of intersectionality of race and autism on children*. Poster presented to the 2023 UMD Psychology Terp Research Fair. Awarded the People's Choice Award.
- 6. Bitman, A.\*, Shenge, V.A., **Yarger, H.A.**, & Redcay, E. (April, 2023). *Examining the relationship between self and parent-reported anxiety symptoms in adolescents with and without autism spectrum disorder*. Poster presented to the 2023 UMD Psychology Terp Research Fair.
- 7. Sarlak, D.\*, **Yarger, H.A.**, Munshell, P., & Redcay, E. (April, 2023). *The effect of number of friends on anxious/depressed symptoms in autistic and non-autistic youth.* Poster presented to the 2023 UMD Psychology Terp Research Fair.
- 8. Hudnall, F.\*, Munshell, P., **Yarger, H.A.,** & Redcay, E. (Nov, 2022). "And how did that make you feel?": Associations between adolescents' social experiences and mood during the covid-19 pandemic. Paper presented to the 2022 Annual Biomedical Research Conference for Minoritized Scientists. Received award for "Outstanding Presentation."
- 9. Hudnall, F.\*, Munshell, P., **Yarger, H.A.**, & Redcay, E. (2022). "And how did that make you feel?": Associations between adolescents' social experiences and mood during the covid-19 pandemic. Poster and 1-minute blitz presented to the 2022 University of Maryland Summer Research Initiative Culminating Event.
- 10. Kiely, M.\*, **Yarger, H.A.**, Merchant, J., & Redcay, E. (2020). *Amygdala volume and social reward in children with and without autism spectrum disorder*. Poster presented at the 2020 University of Maryland Undergraduate Research Day.
- 11. Bloomer, B.\*, Shariq, D.\*, Alkire, D., **Yarger, H.A.**, & Redcay, E. (2020). *Parental mental state talk and associations with children's mentalizing ability in children with and without autism spectrum disorder*. Poster presented at the 2020 University of Maryland Psychology Undergraduate Research Day.
- 12. Sapoznik, M.\*, Reiter, M.\*, **Yarger, H.A.**, & Redcay, E. (2020). *Mental state talk associations between parents and children in families with autism spectrum disorder and typical development.* Poster presented at the 2020 University of Maryland Psychology Undergraduate Research Day.
- 13. Freedman, E.\*, Sanders, M.\*, Tobin, K.\*, **Yarger, H.A.**, & Dozier, M. (2015). *Investigating moderators of change in positive regard among high-risk birth parents.* Poster presented at the 2015 University of Delaware Undergraduate Research Day.

## SPECIALIZED RESEARCH TRAINING

# CardioEdit/CardioBatch (Plus) Training Workshop for Editing and Analysis of Cardiac Rhythms June 2023

Brain Body Center for Psychophysiology and Bioengineering, University of North Carolina School of Medicine

Trainer: Keri Heilman, Ph.D.

- Attended virtual training on the use of CardioEdit Plus and CardioBatch Plus used for editing and analysis of cardiac rhythms.
- Certified reliable in editing heart rhythms using CardioEdit Plus.

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## **Attachment Script Assessment**

June 2019

Trainer: Harriet Waters, Ph.D.

Attended a three-day in-person training on coding of the Attachment Script Assessment.

# Autism Diagnostic Observation Schedule – 2 (ADOS-2): Research Training

April 19 - 21, 2018

Trainer: Elisabeth Sheridan, Ph. D.

• Attended three-day in-person training on administration and scoring of the ADOS-2 for research reliability purposes.

Achieved research reliability February 2019.

## **Secure Base Script Coding**

May 12 – 13, 2016

Trainer: Theodore Waters, Ph. D.

• Completed in-person training on secure base script coding system for use with transcriptions of the Adult Attachment Interview.

# Atypical Maternal Behavior Instrument for Assessment and Classification (AMBIANCE; Bronfman, Madigan, & Lyons-Ruth, 2011)

April 11 – 13, 2014

Trainers: Sheri Madigan, Ph.D. & Elisa Bronfman, Ph.D.

• Completed in-person training on the AMBIANCE coding system, passed reliability, and approved to code using AMBIANCE coding system in September 2016.

## SPECIALIZED CLINICAL TRAINING (CERTIFICATIONS & TRAINING SEMINARS)

# PEERS® for Young Adults Provider Certification Training

February 2024

Trainers: Shannon Bates, Psy.D. and Elina Veytsman, Ph.D., NCSP

- Attended 3-day PEERS® for Young Adults Certified Provider training
- Received certification to provide PEERS

# Autism Diagnostic Interview - Revised (ADI-R): Clinical Training

February 2021 - March 2021

Trainer: Somer Bishop, Ph.D., Mandy Steiman, Ph.D.

- Attended weekly virtual training on administration and scoring of the ADI-R.
- Achieved research reliability March 2022

## Autism Diagnostic Observation Schedule – 2 (ADOS-2): Clinical Training

April 16 – 17, 2018

Trainer: Elisabeth Sheridan, Ph. D.

• Attended two-day in-person training on administration and scoring of the ADOS-2.

# Parent-Child Interaction Therapy (PCIT) Adapted for Selective Mutism: State of the Art and Science

March 29, 2018

Trainer: Steven M.S. Kurtz, Ph. D., ABPP

Completed in-person training on PCIT adapted for children with Selective Mutism.

## Trauma-Focused Cognitive Behavior Therapy (TF-CBT)

September 17 & 20, 2014

Clinical Trainer: Charles Webb, Ph.D.

• Completed in-person training in an empirically supported intervention for treating children and adolescents with post-traumatic stress disorder.

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## **Dialectical Behavior Therapy (DBT) Workshop**

May 2014

 Learned distress tolerance skills to help clients learn how to tolerate emotional distress and upsetting situations.

## **PCIT Summer Workshop**

August 12 - 14, 2013

Clinical Trainer: Joshua Masse, Ph. D.

• Completed intensive three-day training course in an empirically supported intervention for children (ages 2-8) with disruptive behavior (e.g., Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder).

#### **PCIT State Conference**

December 2012

Learned ways to adapt PCIT to clients with diverse presentations across various contexts.

## **TEACHING & MENTORSHIP EXPERIENCE**

## Fall 2023 Instructor of Record

University of Maryland

Child Development and Child Psychopathology (PSYC623)

Graduate level course; APA/PCSAS Accredited

## Summer 2023 Faculty Mentor

University of Maryland BSOS Summer Research Initiative

Mentee: Janae McDowell, Morgan State University

Research Project: Associations between Emotion Regulation Coping strategies and

Heart Rate Variability in Autistic Versus Nonautistic Adolescents

# Fall 2022 Instructor of Record

University of Maryland

Child Development and Child Psychopathology (PSYC623)

Graduate level course; APA/PCSAS Accredited

## Summer 2022 Faculty Co-Mentor

University of Maryland Summer Research Initiative Mentee: Faith Hudnall, Morgan State University

Research Project: Assessing social experiences and depression as predictors of

adolescents' mood and loneliness during the covid-19 pandemic

# Fall 2022 Guest Lecturer

University of Maryland

Developmental Psychology (PSYC355) – Developmental Psychopathology

#### Fall 2021 Instructor of Record

University of Maryland

Adult Psychopathology (PSYC353)

## Fall 2020 Guest Lecturer

LaSalle University

Child & Adolescent Psychopathology (PSY707) - Evidence-based Assessment and

Treatment of Autism Spectrum Disorder

## Fall 2019 Guest Lecturer

Millersville University

Childhood Disorders (PSYC586) - Autism Spectrum Disorder

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## Spring 2019 Guest Lecturer

University of Maryland

Developmental Psychology (PSYC355) - Autism Spectrum Disorder

## 2017 – 2018 Peer Clinical Supervisor

Kennedy Krieger Institute/Johns Hopkins University School of Medicine

Baltimore, MD

Supervisors: Susan Perkins-Parks, Ph.D., Jessica Handelsman, Ph.D., Alicia Sullivan,

Ph.D.

## 2016 – 2017 Student Supervisor

Psychological Services Training Center

University of Delaware

Newark, DE

Supervisor: Timothy Fowles, Ph.D.

## Summer 2016 Teaching Assistant Fellow

University of Delaware

# 2015 – 2016 Instructor of Record (Developmental Psychology, PSYC350)

**Teaching Fellow** *University of Delaware*Mentor: Beth Morling, Ph.D.

## 2012 - 2018 Graduate Teaching Assistant

University of Delaware

Courses: Research Methods, Statistics, Child Psychology, Psychopathology Fall 2012, Fall 2013, Spring/Fall 2014, Spring 2015, Fall 2016, Spring 2017

# 2008 – 2009 Undergraduate Teaching Assistant, Child Development

The Pennsylvania State University

## 2008 - 2009 Tutor

Morgan Academic Support Center The Pennsylvania State University

## Mentor

UMD BSOS Summer Research Internship 2022, 2023

UMD Undergraduate Honors Thesis Committee Member, 2023/24 (Deanna Sarlak, Sarah Nelson) UD Undergraduate Honors Theses 2013, 2016

## **CLINICAL EXPERIENCE**

## 2019 - 2020 Postdoctoral Fellow, Clinical Evaluator

Neurodevelopmental and Behavioral Phenotyping Service

National Institute of Mental Health

Bethesda, MD

Clinical Supervisors: Audrey Thurm, Ph.D. & Colby Chlebowski, Ph.D.

## 2017 – 2018 Pre-doctoral Psychology Intern

Child and Family Therapy Clinic and Behavior Management Clinic

Kennedy Krieger Institute/Johns Hopkins University School of Medicine

Baltimore, MD

Supervisors: John Persampiere, Ph.D., Gina Richman, Ph.D., Susan Perkins-Parks,

Ph.D., and Jessica Handelsman, Ph.D.

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## 2016 – 2017 Psychology Extern

Early Childhood Clinic

Nemours/A. I. duPont Hospital for Children

Wilmington, DE

Supervisor: Johanna Carpenter, Ph.D.

## 2014 – 2016 Psychology Extern

The Autism Assessment and Related Therapeutic Services (AARTS) Program and

General Outpatient Program
Mt. Washington Pediatric Hospital

Baltimore, MD

Supervisors: Antonia Girard, Psy.D., BCBA and Jill Gatzke, Psy.D.

## 2013 – 2014 Student Therapist and Clinical Evaluator

Psychological Services Training Center

University of Delaware

Newark, DE

Supervisors: Ryan Beveridge, Ph. D., Julie Hubbard, Ph. D., Timothy Fowles, Ph.D., Rita

Cohen, Ph. D., Jennifer Schwartz, Ph.D.

## 2008 – 2009 Mental Health Technician II, Children's Unit

Mental Health Technician I, Adult Unit

The Meadows Psychiatric Hospital

Centre Hall, PA; Supervisor: Mark Tami, RN

# 2008 – 2009 Student/Friendship Group Coach

Mental Health Practicum with Children The Pennsylvania State University

University Park, PA

Instructor: Janet Welsh, Ph.D.

Clinical Supervisor: Andres Viana, M.S.

# GRADUATE AND UNDERGRADUATE RESEARCH EXPERIENCE

## 2018 – 2021 Postdoctoral Associate

Developmental Social Cognitive Neuroscience Lab

University of Maryland, College Park, MD Principal Investigator: Elizabeth Redcay, Ph.D

#### 2018 – 2020 Research Consultant

Atypical Maternal Behavior Instrument for Assessment and Classification

Cambridge Health Alliance, Boston, MA

Principal Investigator: Karlen Lyons-Ruth, Ph.D.

## 2013 – 2017 Graduate Research Assistant

Infant Caregiver Project

University of Delaware, Newark, DE

Advisor: Mary Dozier, Ph.D.

#### 2012 – 2013 Graduate Research Assistant

Parent and Teen Lab

*University of Delaware, Newark, DE* Advisor: R. Rogers Kobak, Ph.D.

## 2010 - 2012 Research Assistant

Department of Epidemiology – Study to Explore Early Development

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Johns Hopkins Bloomberg School of Public Health, Baltimore, MD

Principal Investigator: Daniele Fallin, Ph.D. Co-Principal Investigator: Li-Ching Lee, Ph.D.

2009 – 2010 Research Technician

Office of Research

The Reading Hospital and Medical Center, Reading, PA

Principal Investigator: Janelle Mensinger, Ph.D.

2007 - 2009 Research Assistant

Personality, Psychopathology, and Psychotherapy Research Lab

The Pennsylvania State University, University Park, PA

Director: Kenneth Levy, Ph.D.

#### **COMMUNITY-LEVEL SERVICE**

October 2019 "The Power of Attention" – Presentation to parents in the UMD School of Public Health

**Developmental Clinic** 

## **SCHOLARLY ACTIVITIES**

#### **Service**

July 2022 – Present UMD Institutional Review Board, Member

January 2023 – Present Infant and Child Development, Editorial Board Member

June 2023 – Present Child Development, Consulting Editor

2018 – Present University of Maryland Autism Research Consortium, Member

#### **Professional Development**

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Spring 20	023 Autism Research Equity Training led by <i>Family Voices</i>
Spring 20	023 Dialogic Pedagogy
Fall 2022	2 Intersectional Pedagogy and Practice
Fall 2022	Neurodiversity in the Classroom
Fall 2019	Getting Metacognitive: Transforming students into learners
Fall 2019	Universal Design for Learning & Accessibility: Giving all Students Equal Opportunities to
	Succeed
Fall 2019	Active Learning at Scale: Techniques for Large (and Small) Classes
2019	Inclusive Excellence: Steps to Creating an Inclusive Climate Workshop
	Trainer: Belinda J. Huang, Ph.D.
	Quoted in article: https://gradschool.umd.edu/newsroom/4749
2019	MRICloud tutorial at Johns Hopkins University
2019	Audited Cognitive and Computational Neuroscience Course (NACS 642)
2018	Level 1 Magnetic Resonance Imaging Maryland Neuroimaging Center Certification

## **Professional Memberships**

American Psychological Association Biological Psychiatry Flux Congress International Society for Autism Research Maryland Psychological Association Society for Research and Child Development Society for Prevention Research

#### Ad Hoc Reviewer

Autism

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Journal of Social and Personal Relationships
Child Abuse & Neglect
Children
Children and Youth Services
Child Development
New Directions for Child and Adolescent Development
Journal of Child and Family Studies
Journal of Family Psychology
The Journal of Child Psychology and Psychiatry
Journal of Neuroscience Research
The Journal of Primary Prevention
Psychiatry Research: Neuroimaging